

Information for Students who need a Detailed Medical Examination

What is a detailed examination?

This is a thorough medical examination, and the decision to carry out this examination is based on the results of the health check-up.

If you do not receive a detailed examination, what happens?

Failing to get a detailed examination when directed could delay the discovery of a disease such as hypertension, diabetes, tuberculosis, or kidney disease while still in the early stages; if untreated diseases like this can negatively effect your life as a student or your ability to find work or continue on to higher education. Therefore, the health check-up along with the detailed examination are an important part of finding and treating any health problems early. Additionally, the detailed examination is a part of your health check-up, and until it is complete your health check-up is not considered complete; if your health check-up is not complete APU will not provide you with a Health Certificate, which is required for study abroad, applying for higher education, or job hunting. On top of this, any scholarships you are receiving will be stopped, and you will not be permitted to live in AP House or apply for scholarships.

Frequently asked questions about the detailed examination:

Q Can I receive a detailed examination before I receive my National Health Insurance Card (health insurance card)?

A Yes.

If you visit the hospital before you receive your National Health Insurance Certificate, you will be required to pay the full cost of the detailed examination. (However, once you have received your National Health Insurance Certificate and present it to the hospital, you will be reimbursed for 70% of the amount paid.) →See the Campus Life Handbook

The Health Clinic will contact students who do not need an urgent check-up after the National Health Insurance Certificates have been distributed so that students do not have to bear the extra financial burden. However, for students who must get a detailed check-up right away, the Health Clinic can offer special support for students concerned about the financial burden, so check with the Health Clinic if this applies to you. Additionally, if you experience any health symptoms before you receive your National Health Insurance Certificate, we recommend that you put your health first and get a detailed examination immediately. The Health Clinic can offer support with the financial burden in this case as well, so please be sure to consult with the Health Clinic.

Q I was told to get a detailed examination based on the results of my health check-up. Does this mean I can't start my life as a student?

A No.

If you are able to pursue your studies while undergoing treatment, based on the results of your detailed examination and the instructions from the physician, then it is possible to begin your life as a student. It is important to follow any instructions from your physician and ensure you receive appropriate treatment. First and foremost, you need to receive a detailed examination as directed by the Health Clinic.

Q I was told to get a detailed examination based on the results of my health check-up. Can I go the hospital directly for a detailed examination without first contacting the Health Clinic?

A No.

The Health Clinic will prepare a medical referral for you that describes in detail the results of your health check-up. If you take this referral to the hospital, your detailed examination will go smoothly. Therefore, if you have been advised to get a detailed examination, please make sure you come to Health Clinic to get a letter referring you to a hospital, and then go to the hospital for a detailed examination. The Health Clinic can provide you with other services including hospital referrals, making reservations, providing directions to the hospital, and other information.

Q Should I take any precautions in my everyday life until I am able to go for my detailed examination?

A Yes.

Please consult immediately with the Health Clinic if you experience any symptoms before you take the detailed examination. Depending on the symptoms, you may be asked to go for a detailed examination right away.

Q I have symptoms that I am worried about, and I want to go for a detailed examination soon. What can I do?

A If you have symptoms, we recommend that you undergo a detailed examination as soon as possible. If this is the case, consult with the Health Clinic right away.

Q I don't have any symptoms right now. Do I really need to get a detailed examination?

A Yes.

There are diseases that may not show any obvious symptoms, even as they progress. If this is the case, the disease may become a problem for you in your life as a student, and it may interfere with your ability to look for work or apply for higher education. Even if you don't have any particular symptoms right now, follow the instructions of the Health clinic and get a detailed examination.

Q I am already receiving treatment or am undergoing observation in my home country, but the results of my health check-up show that I need a detailed examination. In this case, do I have to receive a detailed examination?

A No.

If you are undergoing treatment or are under observation from your own country or hometown, it is not necessary to get a detailed examination. However, your health check-up will not be considered complete until you complete the following: Bring a medical certificate, test results, or some other written documentation from the clinic or hospital supervising your treatment or observation that details the condition of your disease and treatment. If you are currently taking any medication, bring something that documents the name of the medication to the Health Clinic. Please understand that students already undergoing treatment as well as students with worsening symptoms may be required to get a detailed examination.

If you have any other questions or concerns, please feel free to visit the Health Clinic.



APU Health Clinic
Office Hours: 10:00 to 17:00
E-mail: clinic@apu.ac.jp